



## Alderbrook: For life's next chapter

We believe in the enduring strength of the human spirit. We focus on the rich lives of our residents and envision a future filled with cherished and meaningful moments.

At Alderbrook, we believe moving into a care home can be a new chapter filled with integration and purpose. Through events, community group participation, support groups and resources, we empower families and friends to stay engaged and navigate this chapter alongside their loved one.

"The staff are attentive and carry out all care in a professional, caring, respectful and friendly manner.

All staff care, for not only the residents, each other but also the visitors. They always have time to answer any questions and have a chat.

Regular and appropriate activities are planned and appear to be enjoyed by the residents".

KB, Daughter of resident

#### **Our Team**

Led by Home Manager Clare, a tireless advocate for resident well-being, Alderbrook fosters a vibrant environment for individuals with complex health needs. Our team of dedicated care professionals and qualified nurses provides person-centred care, ensuring each resident's time here becomes a cherished chapter filled with meaningful moments. But our commitment extends beyond our walls. We empower families and friends with the tools and support they need to confidently maintain a strong relationship with their loved one.

### **Facilities**

Alderbrook provides specialist care for adults with complex needs.

Silver Lodge which consists of 40 en-suite bedrooms set across two floors, with beautiful, spacious communal lounge with dining area on each floor as well as cosy, quiet lounges caters for adults with complex dementia and challenging behavioural needs.

By the end of 2025, 160 beds will be available at Alderbrook along with sensory room, hair salon and cinema providing specialist care for adults with complex nursing care needs. There is ample free parking available for visitors and a café located in the reception area.

### **Community Spirit**

At Alderbrook, we enrich lives with engaging activities. We host regular entertainment and community events, all designed with resident safety and enjoyment in mind. For those who wish, we organise outings to promote continued connection with the community. Experiences which can also act as stepping stones for residents who aspire to return home.













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# Keep in touch

We're always here to take your call and answer your questions.

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